

Full Report (All Nutrients) 45134675, PF CHANGS Honey Chicken Meal For Two, UNPREPARED, GTIN: 00031000670245

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Report Date: July 08, 2017 18:49 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Conagra Brands

Nutrient	Unit	Data points	Std. Error	0.5 package (312g) 312g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	459	147
Protein	g	--	--	27.99	8.97
Total lipid (fat)	g	--	--	18.00	5.77
Carbohydrate, by difference	g	--	--	45.99	14.74
Fiber, total dietary	g	--	--	4.1	1.3
Sugars, total	g	--	--	22.99	7.37
Minerals					
Calcium, Ca	mg	--	--	0	0
Iron, Fe	mg	--	--	1.44	0.46
Potassium, K	mg	--	--	521	167
Sodium, Na	mg	--	--	1800	577
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	3.7	1.2
Vitamin A, IU	IU	--	--	0	0
Lipids					
Fatty acids, total saturated	g	--	--	2.995	0.960
Fatty acids, total monounsaturated	g	--	--	6.989	2.240
Fatty acids, total polyunsaturated	g	--	--	6.989	2.240
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	84	27
Amino Acids					
Other					
Ingredients					

Battered White Meat Chicken (Chicken Breast with Rib Meat, Water, Enriched Wheat Flour [Bleached Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Potato Starch, Corn Starch, Less Than 2% Of: Egg Whites, Modified Food Starch, Salt, Modified Corn Starch, Dextrose, Sodium Phosphates, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate], Maltodextrin, Flavorings, Xanthan Gum), Sauce (Water, Honey, Soy Sauce [Water, Wheat, Soybeans, Salt, Alcohol, Vinegar], White Wine, Sugar, Garlic, Distilled Vinegar, Canola Oil, Corn Starch, Less Than 2% Of: Chicken Base [Chicken Meat and Natural Chicken Juices, Salt, Chicken Fat, Sugar, Hydrolyzed {Corn And Wheat Gluten, Soy} Protein, Dried Whey, Maltodextrin, Yeast Extract, Natural Flavoring, Disodium Inosinate and Disodium Guanylate, Extractives Of Turmeric And Annatto], Salt, Hydrogenated Palm Oil, Flavoring, Spice). CONTAINS: EGG, MILK, SOY, WHEAT *Date Available:* 03/09/2017 *Date Last Updated by Company:* 03/09/2017